



INSTRUCTION FOR USE
Hot & Cold pack Hot/Cold retainer gel pack

Instruction for use

Hot therapy

Instructions: whenever hot application is required.

Application:

Hot water: soak the pack into boiling water for 7 min maximum, take it out and dry and wrap it up in a cloth and apply where necessary. Attention: Hot/cold gel Pack doesn't touch the bottom of vessel during heating.

Microwave oven: Put this packet in a microwave for 2 min maximum 780/800 watt, take it out and dry and wrap it up in a cloth and apply where necessary.

Cold therapy:

Instructions: high temperature and whenever cryotherapy is required.

Application:

Put in the freezer for 1.30/2 h maximum take it out and dry and wrap it up in a cloth and apply where necessary.

Warnings

- Consult your doctor before use.
- The duration of both cold and warm therapy should not exceed 20-30 minutes or adhere to it as instructed by your doctor.
- Cleaning: remove dirt with soapy water for hand washing and then plenty wash with tap water, dry with a towel
- Do not open the packaging
- Keep out of the reach of children
- Do not use on wound skin!

Disposal consideration

In case of damage on packaging spilled gel must be flushed with water!
Packaging must be disposed in compliance with the country-specific.

Packaging:








13.5 x 18 cm 40 / box

13.5 x 28 cm 20 / box

Expiry: while the packaging is not damaged.

NOTICE: any adverse event that has occurred in relation to the device should be reported to the manufacturer and any serious incident (MDR Article 2 (65)) should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established;

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 Manufacturer	 Attention	 User Manual	 Medical device
 Batch code	 Do not use if package is damaged		

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